



Zeta Charter School - Bronx 1 Local Wellness & FSMC Committee 2019-20

Date: November 6, 2019

Time: 3:30pm

Location: Zeta Bronx 1 - 222 Alexander Avenue, Bronx, NY 10454

Agenda Items:

1. Pass out Sign-In Sheet
2. [Review Current Local Wellness Policy](#) against the [checklist](#)
 - a. Discuss any group questions/comments
 - b. Make note of any modifications that need to be made to Zeta's Local Wellness Policy
3. Based on the goals chosen at the February 2019 meeting – measure progress:
 - a. **Goal 1: Work with food provider to increase flavor in meals.**
 - Has meeting with RevFoods been held to discuss options for increased flavor? Yes, and the committee has seen improvement
 - Have “flavor stations” been implemented at all school sites? No
 - Have you compared student lunch participation data on menu items prior to flavor station implementation and post-implementation? No
 - b. **Goal 2: Work with food provider to increase meals that include healthy components in the context of recognizable food for children.**
 - Has student data/surveying been conducted to determine which meals Zeta students would like to see on the menu more often? Yes
 - Has meeting with RevFoods been held to discuss options for menu changes as a result of student data? Yes
 - Have you compared student total monthly participation data prior to menu and post-data? No
4. Review menus ([Bronx](#), [Inwood](#)) and provide any student feedback
5. Set date for next meeting in Spring
6. Next Steps:
 - a. Goal 1 Next Steps (include owners):
 - N/A - at this time the committee feels the flavor has increased this year and that flavor stations are no longer necessary. We will continue to monitor this throughout the Winter.
 - b. Goal 2 Next Steps (include owners):
 - Steph/Heather - Work with Rev Foods to choose options kids will recognize and consistently enjoy
 1. Kids participation is high in the following: drumsticks and rice, sliced fruit, chocolate milk, vegetables mixed into other components (i.e. rice), warm vegetables
 2. Kids participation is not high in the following: flatbread sandwich, peas, cold vegetables
 - c. Scan today's sign-in, notes, and next meeting date to School Food Solutions
 - Assigned to: Chris, due 11/15
 - d. Send out calendar invitation to all committee members for Spring
 - Assigned to: Chris, due 12/15
 - e. Post next wellness committee meeting and invitation on school website
 - Assigned to: Chris, due 12/15